



MARCH 2019: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
Daily Lunch Specials			EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	Pizza Bagel Honey Butternut Squash
4	5	Ash Wednesday 6	New York Thursday 7	8
Grilled Cheese Garlicky Green Beans Frito-Lay® SunChips® Salsa Cup	New York Beef Hamburgers & Cheeseburgers Sweet Potato Waffle Fries	Fish & Cheese Sandwich Home Fries Creamed Spinach	Baked Beef Ravioli Roasted Zucchini Garlic Knot Fresh New York Apples New York Cookie Treat	Pizza Bagel Hot Marinated Bean Salad
11	12	13	New York Thursday 14	15
Baked Mozzarella Sticks Served with Marinara Sauce Brown Sugar Carrots Baked! Tostitos® Scoops®	BBQ Bacon Burgers French Fries	Chicken Parmigiana Pasta Marinara Crispy Broccoli	Chicken Dumplings Served with Vegetable Fried Rice Teriyaki Green Beans New York Cookie Treat Fresh New York Apples	Pizza Bagel Roasted Chickpeas with Spinach Cilantro Pesto Ranch Carrot Snacker
18	19	20	New York Thursday 21	22
Penne Pasta Baked in Cheese Sauce Broccoli with Garlic & Oil Toasted Garlic Bread	New York Beef Hamburgers & Cheeseburgers New York French Fries	Popcorn Chicken Corn, Peas & Carrots Frito-Lay® SunChips® Salsa Cup	NEW GOLDEN KRUST® Jamaican Beef Patty BBQ Beans New York Cookie Treat Fresh New York Apples	Pizza Bagel Sweet Potato Waffle Fries
25	26	27	New York Thursday 28	29
Grilled Cheese Garlicky Green Beans Frito-Lay® SunChips® Salsa Cup	100% Beef Hamburgers & Cheeseburgers Sweet Potato Waffle Fries	Chicken & Waffles Home Fries Creamed Spinach	Baked Beef Ravioli Roasted Zucchini Garlic Knot Fresh New York Apples New York Cookie Treat	Pizza Bagel Hot Marinated Bean Salad

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups
BBQ, Ranch,
Honey Mustard, Hot Sauce
Ketchup, Mayonnaise

Fresh Fruit
No Artificial flavors, colors,
or sweeteners in all
SchoolFood Products

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station
Granulated Garlic
Red Pepper Flakes
Parmesan Cheese
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